

Daycare Meal Schedule – August 2026

Monday*	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Acorn/ Little Acorn Closed for Civic Holiday	Curry Chickpea Stew with Sweet Potatoes and Roasted Vegetables (Egg Free, Dairy Free, Gluten Free, Vegan)	Potato and Salmon Cakes + Carrot, Cabbage and Pepper Slaw with Apple Cider Dressing (Egg Free)	Spaghetti and Beef Meatballs with Roasted Vegetables, Tomato Sauce and Parmesan Cheese (Egg Free)	Kids to assemble themselves chicken salad wraps - send chicken salad mixture + cabbage, carrot and pepper slaw with apple cider vinaigrette + 10-inch whole wheat wraps (1 per kid) ***** serve cold (Egg Free)
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28
			Acorn/ Little Acorn Closed for PD	Acorn/ Little Acorn Closed for PD
31	1	2	3	4

*Mondays - Soups and Chicken are Dairy Free.

Daily Seasonal Vegetable Platter: Minimum three vegetables with dip.

Daily Seasonal Fruit Platter: Minimum three fruits.

Daily Whole Wheat Muffin, Loaf or Cookie