Daycare Meal Schedule – November 2025

Monday*	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Chicken, Bread, Cheese, Vegan Soup, Dip (Egg Free)	Vegan Chili with Kidney Beans, Sweet Potatoes, Peppers, Cauliflower and Corn (Egg Free, Dairy Free, Gluten Free)	Stir Fried Rice with Salmon and Vegetables (Egg Free, Gluten Free, Dairy Free)	Stacked Chicken and Vegetable Enchiladas with Salsa Verde and Sour Cream (Egg Free, Gluten Free)	Cheeseburger Pizzas - Cooked Beef & Veggies with Tomato Sauce, Ketchup and Orange Cheese (Egg Free)
10	11	12	13	14
Chicken, Bread, Cheese, Vegan Soup, Dip (Egg Free)	Roasted Sweet Potatoes with Black Beans, Corn and Vegetables in Chili Lime Dressing (Dairy Free, Egg Free, Gluten Free, Vegan)	Cheesy Tuna Macaroni Casserole with Hidden Veggie Cream Sauce (Egg Free)	Spaghetti and Meatballs with Tomato Sauce and Roasted Vegetables + Parmesan Cheese (Egg Free)	Chicken and Black Bean Burritos (Egg Free)
17	18	19	20	21
Chicken, Bread, Cheese, Vegan Soup, Dip (Egg Free)	Vegan Macaroni and “Cheese” with Roasted Vegetables and White Beans (Egg Free, Dairy Free, Vegan)	Sweet and Sour Salmon with Rice and Roasted Vegetables (Dairy Free, Egg Free, Gluten Free)	Teriyaki Chicken and Roasted Vegetables with Noodles (Egg Free, Dairy Free)	Chicken & Roasted Vegetable Pizzas topped with Pineapple, Tomato Sauce and Mozzarella Cheese (Egg Free)
24	25	26	27	28
Chicken, Bread, Cheese, Vegan Soup, Dip (Egg Free)	Quinoa with Chickpeas, Roasted Sweet Potatoes and Vegetables (Vegan, Gluten Free, Egg Free, Dairy Free)	Stir Fried Rice with Salmon and Vegetables (Dairy Free, Egg Free and Gluten Free)	Pad Thai Chicken Meatballs with Noodles and Roasted Vegetables (Egg Free, Dairy Free)	Beef, Black Bean and Vegetable Burritos (Egg Free)

*Mondays - Soups and Chicken are Dairy Free.
Daily Seasonal Vegetable Platter: Minimum three vegetables with dip.
Daily Seasonal Fruit Platter: Minimum three fruits.
Daily Whole Wheat Muffin, Loaf or Cookie