


Daycare Meal Schedule – May 2025

Monday*	Tuesday	Wednesday	Thursday	Friday
			1	2
			Braised Beef Shepherd's Pie with Creamed Corn, Peas and Carrots and Cheddar Cheese (Gluten Free, Egg Free)	Chicken, Black Bean and Roasted Vegetable Burritos (Egg Free)
5	6	7	8	9
Chicken, Bread, Cheese, Vegan Soup (Egg Free)	White Bean and Roasted Vegetable Ragout with Corn and Sweet Potatoes (Vegan, Dairy Free, Gluten Free, Egg Free)	Sweet and Sour Salmon with Rice and Roasted Vegetables (Egg Free, Dairy Free, Gluten Free)	Creamy Pasta with Roasted Chicken and Vegetables - topped with breadcrumbs and cheese (Egg Free)	Beef and Roasted Vegetable Pizzas with Tomato Sauce and Mozzarella Cheese (Egg Free)
12	13	14	15	16
Chicken, Bread, Cheese, Vegan Soup (Egg Free)	Organic Quinoa with Black Beans, Sweet Potatoes, Cranberries, Spinach and Balsamic Vinaigrette (Vegan, Egg Free, Gluten Free, Dairy Free)	Salmon and Potato Cakes + Kale, Cabbage and Carrot Slaw with Apple Cider Vinaigrette (Egg Free)	Ground Beef Cheeseburger Pasta with Hidden Vegetables (Egg Free)	Beef, Black Bean and Roasted Vegetable Burritos with Salsa and Cheese (Egg Free)
19	20	21	22	23
Acorn/ Little Acorn Closed 	Lentil and Roasted Vegetable Ragout with Tomato Sauce (Egg Free, Gluten Free, Dairy Free, Vegan)	Teriyaki Salmon and Rice Noodles with Roasted Vegetables (Egg Free, Gluten Free, Dairy Free)	Spaghetti and Meatballs with Roasted Vegetables in Tomato Sauce and Parmesan Cheese (Egg Free)	Chicken and Roasted Vegetable Pizzas with Tomato Sauce and Cheese (Egg Free)
26	27	28	29	30
Chicken, Bread, Cheese, Vegan Soup (Egg Free)	Coconut Curry Chickpea and Roasted Vegetable Stew (Egg Free, Gluten Free, Dairy Free, Vegan)	Stir Fried Rice with Roasted Vegetable and Salmon (Egg Free, Gluten Free)	Creamy Chicken and Roasted Vegetable Pasta with Cheese (Egg Free)	Chicken, Black Bean and Roasted Vegetable Burritos (Egg Free)

*Mondays - Soups and Chicken are Dairy Free.

Daily Seasonal Vegetable Platter: Minimum three vegetables with dip

Daily Seasonal Fruit Platter: Minimum three fruits

Daily Whole Wheal Muffin, Loaf or Cookie