

Daycare Meal Schedule – July 2024

Monday*	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
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Acorn/Little Acorn Closed	Vegetable Tagine with Couscous, Chickpeas & a Harissa Sauce (Dairy Free)	Creamy Chicken Pasta Casserole with Roasted Vegetables	Beef Fried Rice with Vegetables (Dairy Free)	Chicken Salad & Tuna Salad with Shredded Lettuce & Wraps (contains dairy)
8	9	10	11	12
Diced Chicken, Bread, Cheese, Vegan Soup	Curried Chickpea Stew (Dairy Free)	Beef Bolognese	Salmon & Potato Cakes with Slaw	Chicken & Bean Burritos
15	16	17	18	19
Diced Chicken, Bread, Cheese, Vegan Soup	Lentil & Roasted Veggie Ragout. (Dairy Free)	Chicken Meatballs, Pasta with Roasted Vegetables and Rosé Sauce	Pad Thai Style Salmon with Rice & Veggies (Dairy Free)	Beef & Veggie Pizza
22	23	24	25	26
Diced Chicken, Bread, Cheese, Vegan Soup	Pasta Salad with White Beans, Fresh Veggies & Feta	Curried Beef with Rice & Roasted Veggies (Dairy Free)	Chicken Stew with Potatoes & Vegetables	Chicken Salad + Tuna Salad with Shredded Lettuce + Wraps
29	30	31	1	2
Diced Chicken, Bread, Cheese, Vegan Soup	Vegetable Tagine with Couscous, Chickpeas and Harissa Sauce	Pad Thai Style Salmon With Veggies & Noodles (Dairy Free)	Beef Fried Rice with Vegetables (Dairy Free)	Chicken & Vegetable Pizza

*Mondays - Soups and Chicken are Dairy Free.

Daily Seasonal Vegetable Platter: Minimum three vegetables with dip

Daily Seasonal Fruit Platter: Minimum three fruits

Daily Whole Wheal Muffin, Loaf or Cookie