

## Daycare Meal Schedule – March 2024

Monday*	Tuesday	Wednesday	Thursday	Friday
				1
				Chicken & Veggie Pizza
4	5	6	7	8
Diced Chicken, Bread, Cheese, Vegan Soup	Lentil & Roasted Veggie Ragout <b>(Dairy Free)</b>	Curried Beef Stew with Potatoes, Carrots, & Peas <b>(Dairy Free)</b>	Creamy Chicken & Roasted Vegetable Pasta	Salmon & Potato Cakes with Winter Slaw
11	12	13	14	15
Diced Chicken, Bread, Cheese, Vegan Soup	Curried Chickpea Stew <b>(Dairy Free)</b>	Beef Chili with Potatoes, Beans and Veggies <b>(Dairy Free)</b>	Pad Thai Style Salmon with Rice Noodles <b>(Dairy Free)</b>	Shamrock Mac & Cheese (green!) with Chicken and Peas + St.Patricks Day Treat
18	19	20	21	22
Diced Chicken, Bread, Cheese, Vegan Soup	Vegetable Tagine with Harissa Couscous with Chickpeas & Sultanas <b>(Dairy Free)</b>	Creamy Salmon & Roasted Vegetable Pasta	Beef & Veggie Fried Rice <b>(Dairy Free)</b>	Chicken & Bean Burritos
25	26	27	28	29
Diced Chicken, Bread, Cheese, Vegan Soup	Lentil Ragout with Roasted Vegetables <b>(Dairy Free)</b>	Curried Beef Stew with Potatoes, Carrots & Peas <b>(Dairy Free)</b>	Tuna & Rice casserole with Mixed Veggies <b>(Dairy Free)</b>	<b>Acorn/Little Acorn Closed</b>

\*Mondays - Soups and Chicken are Dairy Free.

Daily Seasonal Vegetable Platter: Minimum three vegetables with dip

Daily Seasonal Fruit Platter: Minimum three fruits

Daily Whole Wheal Muffin, Loaf or Cookie