

Daycare Meal Schedule – May 2023

Monday*	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Diced Chicken, Bread, Cheese, Vegan Soup	Vegetable Tagine with Chickpeas & Quinoa with Harissa Sauce (Dairy Free)	Chicken & Roasted Vegetable Stew	Creamy Tuna Casserole with Pasta & Veggies	Beef Burritos
8	9	10	11	12
Diced Chicken, Bread, Cheese, Vegan Soup	What Bean Ragout with Roasted Vegetables (DF)	Creamy Salmon Pasta with Veggies	Braised Beef with Roasted Vegetables and Bulgur (DF)	Chicken & Veggie Pizza
15	16	17	18	19
Diced Chicken, Bread, Cheese, Vegan Soup	Curried Chickpea Stew (Dairy Free)	Chicken & Veggie Fried Rice (Dairy Free)	Creamy Tuna Pasta and Vegetable Casserole	Beef Burritos
22	23	24	25	26
Acorn/ Little Acorn Closed	Veggie & Chickpea Tagine with Couscous and Harissa (Dairy Free)	Curry Chicken Stew with Roasted Vegetables	Beef Bolognese with Pasta and Veggies	Salmon & Potato Cakes with Slaw
29	30	31	1	2
Diced Chicken, Bread, Cheese, Vegan Soup	White Bean & Roasted Vegetable Ragout	Creamy Chicken & Veggie Casserole	Pad Thai Style Salmon with Rice Noodles & Vegetables	Beef & Veggie Pizza

*Mondays - Soups and Chicken are Dairy Free.

Daily Seasonal Vegetable Platter: Minimum three vegetables with dip

Daily Seasonal Fruit Platter: Minimum three fruits

Daily Whole Wheal Muffin, Loaf or Cookie