

## Daycare Meal Schedule – March 2023

Monday*	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Chicken Stew with Potatoes, Carrots & Peas	Creamy Salmon Pasta with Roasted Veggies	Beef Burritos
6	7	8	9	10
Diced Chicken, Bread, Cheese, Vegan Soup	Curried Chickpea Stew with Roasted Vegetables <b>(Diary Free)</b>	Tuna Casserole with Rice and Veggies <b>(Diary Free)</b>	Pad Thai Style Beef with Vegetables & Noodles <b>(Diary Free)</b>	Chicken & Vegetable Pizza
13	14	15	16	17
Diced Chicken, Bread, Cheese, Vegan Soup	White Bean & Vegetable Ragout <b>(Diary Free)</b>	Curried Beef with Roasted Vegetables & Rice <b>(Diary Free)</b>	Salmon Casserole with Roasted Veggies and Pasta	Chicken Burritos + St. Patty's Day Treat
20	21	22	23	24
Diced Chicken, Bread, Cheese, Vegan Soup	Vegetable Tagine with Bulgur Wheat and Chickpeas and Harissa Sauce <b>(Dairy Free)</b>	Chicken Stew with Potatoes Carrots & Peas	Beef & Veggie Fried Rice <b>(Dairy Free)</b>	Salmon & Potato Cakes
27	28	29	30	31
Diced Chicken, Bread, Cheese, Vegan Soup	Lentil & Roasted Vegetable Ragout <b>(Dairy Free)</b>	Pad Thai Style Salmon with Rice Noodles and Veggies <b>(Dairy Free)</b>	Cheesy Chicken & Roasted Vegetable Bread Pudding	Beef Burritos

\*Mondays - Soups and Chicken are Dairy Free.

Daily Seasonal Vegetable Platter: Minimum three vegetables with dip

Daily Seasonal Fruit Platter: Minimum three fruits

Daily Whole Wheal Muffin, Loaf or Cookie