

Daycare Meal Schedule – February 2023

Monday*	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Beef Meatloaf with Mashed Potatoes and Veggies	Creamy Chicken & Vegetable Pasta Casserole	Salmon & Potato Cakes
6	7	8	9	10
Diced Chicken, Bread, Cheese, Vegan Soup	Vegetable & Bean Curry with Bulgur Wheat (Dairy Free)	Beef Stew with Carrots, Potatoes & Peas	Pad Thai Style Salmon with Rice Noodles & Veggies (Dairy Free)	Chicken Burritos
13	14	15	16	17
20	21	22	23	24
27	28			

*Mondays - Soups and Chicken are Dairy Free.

Daily Seasonal Vegetable Platter: Minimum three vegetables with dip

Daily Seasonal Fruit Platter: Minimum three fruits

Daily Whole Wheal Muffin, Loaf or Cookie